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Adaptive Clothing Pilot for Rehabilitation and Prosthetics Patients in Ukraine

The First Lviv Territorial Medical Union comprises two adult hospitals, one children's hospital, two rehabilitation centers, and one maternity house. It is the largest medical system in Ukraine, with a capacity of 3,000 beds. Our institution provides emergency medical care, resuscitation, and specialized treatment for both children and adults. We are also recognized as the leading epilepsy and burn treatment centers in Ukraine, handling some of the most complex medical cases, including those related to war. In 2023-2024, we assisted over 1 million patients, including a huge number of internally displaced persons (IDPs).

To meet the demands of war, we established the National Rehabilitation Center "Unbroken," which has become a key facility for treating adults and children affected by war. Our hospitals have treated over 25,000 wounded patients, including 2,000 children with injuries from explosives, burns, and gunshot wounds. We offer a full range of treatment and rehabilitation services free of charge, including surgery, orthopedics, prosthetics, physical rehabilitation, and psychological care. As part of this initiative, our prosthetics workshop has already served over 950 patients.

Problem statement

Standard clothing is often difficult to put on and take off for people with limited range of motion, pain, swelling, casts, prostheses, or wheelchair use. In rehabilitation settings, this can lead to:

- Increased dependence on caregivers and staff for dressing and hygiene routines
- Discomfort, skin irritation, or pressure around residual limbs and sensitive areas
- Reduced willingness to participate in therapy sessions and social activities due to inconvenience or lack of dignity
- Additional time burden for families and clinical teams
- Accessible, dignified clothing that is easy to use during rehabilitation can meaningfully improve daily autonomy and quality of life.

Why this matters

Rehabilitation patients - including prosthesis users, wheelchair users, and people in post-operative recovery - often struggle with standard clothing due to pain, limited mobility, casts/braces, swelling, and wound-care needs.

- Hard to dress/undress independently; extra burden on families and staff
- Discomfort and pressure around residual limbs and sensitive areas
- Limited access for physiotherapy, wound care, or leg/orthotic checks

Solution

DOBSOM EASY (Sweden) provides adaptive trousers/overtrousers with long side zippers that make dressing easier and enable better access for care routines (including in rehab and wheelchair use).

Pilot

Beneficiaries: 20-30 people (primarily prosthesis users; plus wheelchair/limited mobility cases)

Core items: Adaptive trousers/overtrousers (priority); selected tops; T-zip pullers (zipper aids)

Duration: 3 months (delivery + feedback)

Expected results

- Improved independence and dignity during rehabilitation
- Better comfort and mobility for prosthesis users and people with limited range of motion
- A documented model for donor-supported adaptive clothing in Ukraine (pilot report)

Funding need

We seek donor support to fund adaptive clothing procurement and delivery for the pilot group. Budget will be finalized using the DOBSOM EASY pilot price list (discounted pricing; pilot shipping assumptions).



We sincerely hope you will join us in this vital initiative. Your support would allow us to continue our mission of providing life-saving treatment, rehabilitation, and care to the people of Ukraine.